



Presents

Momentum

Professional learning for the new VCE Physical Education UNITS 3&4

Monday 4 December 2017

Manningham Function Centre – Doncaster

The VCE Physical Education Unit 3&4 course has changed for 2018. This whole day professional learning planning workshop will provide both new and experienced teachers a great opportunity to come together, collaborate and engage in lots of forward thinking. We have used this highly interactive format across previous professional learning focusing on Health Ed, ICT, PE and Outdoor Education with great success, allowing teachers to walk away with a huge bank of ideas, resources and contacts.

The aim of the day is to produce take home units of work for both units and areas of study. Groups will be facilitated by experienced educators and those directly involved in the creation of the new study design and a range of supporting resources. By December you will know your 2018 allotment and be ready to go for some serious planning.

Every participant will have an opportunity to roll up their sleeves and contribute to the development of key content teaching ideas, classroom and practical activities and assessment tasks. Come along, contribute, share, collaborate to develop a range of teaching plans, resources and assessment ideas for the new VCE Physical Education Units 3 & 4. All presentations and resources developed on the day

will be shared with all participants meaning you can have a great holiday knowing that so much of the hard work has been done.

Facilitators

Each of the four presenters/facilitators have extensive experience teaching VCE PE, developing VCE resources and assessments tasks (SACS and exams) and VCE study design development

- Dr Rachael Whittle
- Associate Professor Michael Spittle
- Rob Malpeli
- Dr Amanda Telford

Interactive workshop program

8.30-8.45am (15 min)	Registration
8.45 – 9.30am (45 min)	<p>Introduction - What's new!</p> <p>Unit 3: Movement skills and energy for physical activity</p> <p>Area of Study 1 Presentation: How are movement skills improved?</p> <p>Examining the skill acquisition principles that can be applied when analysing and improving movement skills used in physical activity and sport.</p> <p>Presenter: Michael Spittle</p>
9.30 -10.15am (45 min)	<p>Unit 3: Movement skills and energy for physical activity</p> <p>Area of Study 1 Presentation: How are movement skills improved?</p> <p>Examining the biomechanical principles that can be applied when analysing and improving movement skills used in physical activity and sport.</p> <p>Presenter: Rachael Whittle</p>
10.15-10.30am (15 min)	Morning tea and networking
10.30 – 11.30am (60 min)	<p>Teaching, learning and assessment ideas sharing</p> <p>Unit 3: Movement skills and energy for physical activity</p> <p>Area of Study 1: How are movement skills improved?</p> <p>Examining the biomechanical and skill acquisition principles that can be applied when analysing and improving movement skills used in physical activity and sport.</p> <p>Facilitators: Amanda Telford & Rachael Whittle</p>
11.30am -12.30 pm (60 min)	<p>Area of Study 2: How does the body produce energy?</p> <p>Using data to analyse how the major body and energy systems work together to enable movements to occur, and explain fatigue factors and suitable recovery strategies.</p> <p>Facilitators: Rob Malpeli & Rachael Whittle</p>
12.30-1.15pm (45 min)	Lunch, networking and trade display
1.20 -3.20pm (120 min)	<p>Teaching, learning and assessment ideas sharing</p> <p>Unit 4: Training to improve performance</p> <p>Area of Study 1: What are the foundations of an effective training program?</p> <p>Analysing data from an activity analysis and fitness tests to determine/assess the fitness components and energy system requirements of the activity.</p> <p>Facilitators: Rob Malpeli, Amanda Telford & Rachael Whittle</p> <p>Area of Study 2: How is training implemented effectively to improve fitness?</p> <p>Participation in a variety of training methods, and design and evaluation of training programs to enhance specific fitness components – including chronic adaptations and psychological strategies for improved performance.</p> <p>Facilitators: Rachael Whittle, Amanda Telford, Rob Malpeli</p>
3.25- 4.00pm	<p>Group Summaries</p> <p>Conclusion - Where to next?</p>

Registration Fee

Delegate	Early Bird – Paid by 1 September	Pre-service teachers
\$345	\$305	\$105

Please ensure you have approval from your school before registering and read the cancellation policy located on the next page

REGISTRATION OPTIONS

Online

www.peakphysed.com.au

Scan & Email

admin@peakphysed.com.au

Mail

PO Box 4033
Balwyn East VIC, 3103

(Please photocopy for additional delegates OR register groups online)

School/Organisation: _____

Mailing address: _____ State: _____

_____ Postcode: _____

School/Organisation Email: _____

Total \$: _____

Accounts Payable Manager's Name: _____ Order No: _____

Accounts Payable Manager's Email: _____

All schools GST Included in all registration Fees. Pre-service teachers must present a full-time student card upon registration on the day. Early Bird prices only apply where full payment is received **prior to 1 September**.

Delegate One

Please ensure you have approval from your school before registering and read the cancellation policy

First Name: _____ Surname: _____

Email: _____

Special Dietary Requirement: _____

Delegate Two

Please ensure you have approval from your school before registering and read the cancellation policy

First Name: _____ Surname: _____

Email: _____

Special Dietary Requirement: _____

Delegate Three

Please ensure you have approval from your school before registering and read the cancellation policy

First Name: _____ Surname: _____

Email: _____

Special Dietary Requirement: _____

Delegate Four

Please ensure you have approval from your school before registering and read the cancellation policy

First Name: _____ Surname: _____

Email: _____

Special Dietary Requirement: _____

CANCELLATION POLICY: If you are unable to attend this event, a replacement delegate may be sent in your place at no extra charge. We do not provide refunds for cancellations made more than 7 days after your registration is received therefore the invoiced fee remains payable in full. Should you wish to cancel your registration within the 7 day cooling off period, an administration fee of \$75 per delegate (GST inclusive) remains payable. Any cancellation must be made in writing and sent by email. Peak Phys Ed will make available conference resources to any delegate who is unable to attend and who has paid in full. Contact information provided will only be for the use of Peak Phys Ed and will not be shared with any other organisation.