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**FEBRUARY 2014**

**Australian Physical, Health & Outdoor Education Conference**

## DISCOVERY 2014

Feb 28<sup>th</sup> @ The MCG & National Tennis Centre

If you've been to any of the first 4 Discovery Conferences we know you'll be back.

If you've heard the "buzz" about Discovery come and experience an amazing professional development day first hand.

Come along, contribute and involve yourself in some of the most engaging PD on offer in PE, Health & Outdoor Education. We've already received registrations from NZ, WA, NSW, QLD and heaps from VIC!!!!!!

All electives have healthy numbers with some close to capacity already – in fact, we have had to move to larger rooms @ the "G" to fit everyone in!

- Every delegate will have access to resources from every session
- Use all of the new and shared information throughout the coming year
- Most of the presentations are brand new in 2014- presenters are asked to provide something unique and completely "fresh" for the conference.
- Presenters are invited as recognised leaders in their fields or recommended by peers to ensure all sessions are of the highest quality.
- Every delegate will receive a compendium / organiser (\$50 value) and drink bottle (\$15 value)

If you never go, you'll never know what everyone is talking about!

[Click here for Conference Program & registration](#)

**Winners are grinners.....  
Congratulations to our early bird winners.**

- iPad Mini  
Cate Eddy – Wanganui Park Secondary College
- One of two VCE Enhancement Programs offered at Deakin or RMIT for up to a class of 25 students  
i. Kerrie Lay – Wheelers Hill Secondary College  
ii. Joe McLean – Saint Ignatius College
- \$200 worth of Y7 – 10 Health resources from Cengage Publishing  
Chris Landman – St Peter's College
- Entry for 20 Students to a February 2014 "Kick Start" session.  
Trine Ord – Tintern Schools

## "KICK START"

### VCE P.E. UNIT 3

Students will "fly from the blocks" and get a great start to their Phys Ed studies in Unit 3. Teachers attending with students will gain complimentary access to the program.

Please pass the information on to your students we're looking forward to catching up at any of the sessions held throughout Victoria.

[Click here for more details](#)

Here is what a couple of students have said after attending the first session at Melbourne Grammar on 23<sup>rd</sup> January 2014:

*"I clearly know what to expect for Unit 3, including how we are going to be assessed – the extensive notes and summary tables are brilliant and will make things so much easier"*

*"My teacher highly recommended the session and I'm glad I attended. I picked up lots of tips and will feel really comfortable when we go over the stuff again in class"*



## BRAND NEW VCE PE 'STACK of SACS'

Robert Malpeli & Amanda Telford are pleased to provide a **BRAND NEW RESOURCE**, following loads of requests for a new "STACK OF SACS" for 2014.

With the current Physical Education VCE Study Design being extended beyond 2014, now is the perfect time to order a brand new set of School Assessed Coursework (SACs).

Available in February 2014, you should order now and pay later to secure your set ready for use in term 1.

[Stack of Sacs 2014 information and order form](#)

## STUDENT SUPPORT & AWARDS

Throughout the year students will stand out. They might be:

- doing it tough but working well despite this
- amazing community contributors
- promoting phys ed & sport amongst peers
- brilliant role models
- "just hanging in there" in need of a boost



Simply go the peak Phys Ed website and nominate for either "student support" or "student awards".

[Click here for details](#)

Here is a testimonial from a principal of a school where we offered 2 supported places throughout the year for students whose parents were diagnosed with terminal illnesses.

"I am making contact to pass on a very well deserved 'thank you'. I am aware that you have provided a lot of support to our staff and this obviously builds their capacity and confidence and benefits our students.

I know that this year you have gone beyond that and provided terrific support for 2 of our young girls who have worked through year 12 under very difficult circumstances. I am not sure if you realise just how much that support has meant, to the girls and to our College. I thank you and commend you for your generosity. It is very much appreciated".

Worth a look –  
some  
interesting  
facts and  
further reading

### Michael Ha

AKA "The Nerdy Phys-Eder" has some great app ideas : <http://www.peakphysed.com.au/f.ashx/Michael-Ha-News.pdf>

### Dale Clohesy

A regular news contributor : Michael Rogers' positive drug test : <http://abc.net.au/news/5166320>

Supplements – use at own risk : <http://www.vikingprotein.com.au/beforebattleproteinpowders.htm>

Sleep – A toxin clearing house : <http://www.bbc.co.uk/news/health-24567412>

### Rob Malpeli

A great read on an AFL first in pushing performance boundaries : <http://www.afl.com.au/news/2013-12-18/swan-in-a-suit>

### Amanda Telford

Physical activity promotion : <http://www.heraldsun.com.au/news/victoria/hay-bales-and-milk-crates-better-for-creative-play-then-conventional-school-playgrounds/story-fniofit3-1226779174394>

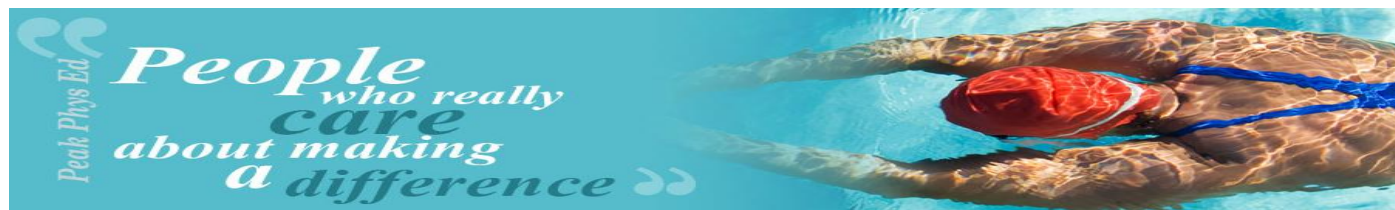
Read something interesting and useful lately – why not share it with the network?

Please send in your shared readings, resources, etc.. for everyone to benefit :

[rob@peakphysed.com.au](mailto:rob@peakphysed.com.au)

# Australian Physical, Health & Outdoor Education Conference

## "Discovery 2014" Friday 28<sup>th</sup> February 2014 @ MCG



[Click here for more details](#)

Come and be part of the fastest growing Phys Ed, Health and Outdoor Ed conference in Australia, with participants from all over the nation. Following the huge success of the last 4 year's "Discovery" conferences, we continue to listen to collegiate requests in an effort to best tailor teacher professional learning to teacher needs. Discover an amazing array of first class professional development opportunities at our 4th annual "Discovery" Conference, supporting teachers of Foundation to yr 12 Physical, Health and Outdoor Education. **Make this the first professional learning day for 2014, and reap the benefits of your participation throughout the coming year. Due to the quality and interactive format some schools are sending their entire HPE faculty rather than having school based PD!**

Become an extraordinary educator in Physical, Health and Outdoor Education and discover cutting edge strategies to engage and enrich student learning by attending the Discovery Conference. Every elective has a specific focus and even though it's only possible to attend 4 sessions throughout the day, all conference participants will have access to resources from all sessions via the Peak Phys Ed website – what a huge resource this will no doubt become in the future! You will love the program, with over 90% brand new sessions offered only at this conference exclusively for Peak Phys Ed.

Here are just a few of the dynamic presenters that are already working on their sessions for the 2014 Discovery conference:

<b>Nerida Matthews</b> (H&PE Manager, VCAA)	<b>Phil Hughes</b> (Wonthaggi SC)
<b>Leanne Compton</b> (ICT Manager VCAA)	<b>Nicholas King</b> (Lowana College)
<b>Janice Aitken</b> (HPE Manager ACARA)	<b>Marcia Cross</b> (Haileybury)
<b>Assoc. Prof. Amanda Telford</b> (RMIT University)	<b>Laura Neary</b> (Yarra Valley Grammar)
<b>Rachael Whittle</b> (RMIT University)	<b>Dr Jim Dollan</b> (University of South Australia)
<b>Sonia Goodacre</b> (Plenty Valley Christian College)	<b>Colin Edwards</b> (CBCC St Kilda)
<b>Emme Wild &amp; Sam Watkins</b> (Peter Moyes Anglican Community School - WA)	<b>Airlie Swallow</b> (Craigieburn SC)
<b>Assoc Prof Michael Spittle</b> (Deakin University)	<b>Amanda Lucas</b> (Melbourne Girls College)
<b>Kathy Tessier</b> (VicSport)	<b>Meleah Zanos</b> (Lauriston Girls School)
<b>Lorretta Konjarski</b> (Victoria University)	<b>Michael Ha</b> (Penleigh & Essendon Grammar)
<b>Dr Louisa Peralta</b> (University of Sydney)	<b>Rebecca Westwood</b> (St Joseph's College)
<b>Dr Dean Dudley</b> (Charles Sturt University, NSW)	<b>Erin McGurk</b> (Crusoe Secondary College)
<b>Dr Patty Carlson</b> (Victoria University)	<b>Ben Walsh</b> (Emmanuel College)
<b>Jacqui Peters</b> (Deakin University)	<b>Kirsten Smith</b> (Mernda PS)
<b>Dr Dara Twomey</b> (University of Ballarat)	<b>Claire Knell</b> (Montrose PS)
<b>Claire Maharaj</b> (Deakin University)	<b>Emma Henry</b> (Ararat College)
<b>Natalie Lander</b> (Deakin University)	<b>Lucy Clapham</b> (Lauriston Girls School)
<b>Brad Bessler</b> (University of Ballarat)	<b>Andrew Keating</b> (Mill Park Secondary College)
<b>Lee Anton-Hem</b> (Penleigh & Essendon Grammar)	<b>Ray Breed</b> (St Leonards)
<b>Robert Malpeli</b> (The Knox School)	<b>Mark Corrie</b> (Camberwell Girls Grammar)
<b>Paul Seery</b> (Bendigo Senior SC)	<b>Sarah Hogan</b> (Yarra Valley Grammar)

### The 2014 streams offered include:

- |   |  |
|---|--|
| ➤ Australian Curriculum- the latest from VCAA & ACARA         | Yr 7-10 Outdoor Education                |
| ➤ VCE Outdoor & Environmental Studies                         | Yr 7-10 Physical Education               |
| ➤ Examination review (HHD, OES & PE)                          | VCE Physical Education Units 1&2         |
| ➤ Primary & Junior Secondary Physical Education               | VCE Physical Education Units 3&4         |
| ➤ Innovations & ICT   | Yr 7-10 Health Education                 |
| ➤ Putting it into Practice....loads of new practical sessions | VCE Health & Human Development Units 1&2 |
| ➤ Over 20 Health, Physical & Outdoor Education Trade Displays | VCE Health & Human Development Units 3&4 |

The Australian Physical, Health and Outdoor Education Conference (Discovery) will feature respected speakers and the “latest” news on the direction Health & Physical Education needs to move in Australia over the next 5 years.

**Nerida Matthews** Curriculum Manager, VCAA & **Janice Aitken** Senior Project Officer, ACARA will co-present on:

The development of a world-class HPE Australian Curriculum to take students into the twenty-first century is about to be completed. This represents an exciting time for teaching HPE. This session will provide participants with an overview of the new directions and structure of the HPE Australian Curriculum. It will also explore Victoria’s requirements for implementation of the HPE Australian Curriculum within AusVELS.

**Dr Dean Dudley (PhD)** Charles Sturt University will address:

The growing concern regarding the increase of sedentary lifestyles and the prevalence of non-communicable diseases among youth. There is currently an international tendency to cut back on opportunities for PE and sport at school. In many cases, school PE lessons have been in an embattled situation, deprived of human and capital resources, and pushed to the margins of the curriculum (Hardman, & Marshall, 2009).

Responding to a call from members of its Intergovernmental Committee for Physical Education and Sport (CIGEPS), UNESCO has developed a ‘toolkit’ designed to aid governments, school principals and Initial Teacher Training (ITT) providers in the monitoring of quality PE delivery and teacher training, from a practical standpoint. This presentation will tackle the issues pertaining to the UNESCO QPE Guidelines and Toolkit and what they potentially mean for Australian schools.

**All sessions at Discovery have a practical application, with some requiring delegates to “come prepared” by wearing appropriate clothing; doing preliminary reading or downloading resources. For example,**

“**ICT: Interactive Coaching Team. Using ICT to assist with teaching and assessment in practical Phys Ed**” promises to be a big hit at Discovery. Laura and Sarah have let us know attendees will need to download these apps prior to the session on the device they would primarily use during teaching: **coachmyvideo**; **ubersense**; **InstantReplay**; **Coach’s Eye (\$)**('\$' = small cost involved)

Confirmations will be sent out to delegates the week commencing February 17<sup>th</sup>. Be confident booking your flights and making forward arrangements as all registrations have been accepted and locked in! Come on – be a part of something significant and get your registration in: **NOW!**

**[Keep up with the latest developments on all fronts – REGISTER NOW!](#)**

## Job Opportunity

### Participation Manager Position at Gymnastics Australia

We are seeking a trained teacher with a strong knowledge about the delivery of school-based sport and recreation programs. Full details of the position are available at <http://www.sportspeople.com.au/sp/position/PositionDisplay.asp?ID=26817>.

## Physical Education ECIS Conference 2014

### A great opportunity for overseas Professional Learning

The European Council of International Schools Physical Education committee has asked Peak Phys Ed to promote their annual "Teacher teaching Teachers" conference designed solely for the promotion of good PE practice. This year it's being hosted at the International School of Zug & Luzern, Switzerland on Thursday 24th - 26th April 2014, with over 50 workshops on offer.

More details: <http://www.phys-ed-ecis.com>

#### Keynote Speakers

Dame Kelly Holmes - Double Olympic Gold 800m & 1500m, Athens 2004



Dr Damian Hughes  
Jim Lawless  
Muriel Sutter

Speaking of Resources: Simply create your own free account at [peakphysed.com.au](http://peakphysed.com.au) (top right hand corner) with own password and then go to "Teachers" -> "Teachers Resources" – you will also find heaps of FREE resources!

8 items Log out

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in Physical Education

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Peak Phys Ed *Listening, constantly & learning*

DISCOVERY PE, HEALTH & OES CONFERENCE - MCG  
22/02/2013 DON'T MISS OUT!

Heaps of Information  
Click the link below to access  
**MORE INFO**

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"Kelly was almost in tears when she found out she had been granted a supported place at Super Sunday - she's a great kid who has come across some pretty tough times."