

Discovery ²⁰²⁶

Australian Health, Physical Education and Sport Conference

Register now! 2025 was a sell-out, places are strictly limited so book early to avoid missing out

The Discovery conference enters its 17th Year!
The premier professional learning event in Melbourne for Health, Physical Education and Sport teachers (primary and secondary).
Focusing on innovative, evidence-based practice, the conference features leading academics, master teachers and industry experts presenting on new study designs and the Victorian Curriculum Version 2.0

Program Highlights:

- Student-centred, active pedagogies
- Digital technology integration
- Effective teaching, learning and assessment
- Student engagement, well-being, and personal/social learning

Opportunities for Teachers:

- Choose from 24 high-quality 75-min sessions across 8 streams
- Attend 3 interactive sessions and access resources for all sessions
- VCAA curriculum update
- Contemporary, inclusive and practical approaches to HPE and sport
- Sessions tailored to Australian and Victorian curricula, and VCE study designs
- Presenters include practicing teachers, academics, and key stakeholders
- World-class venues: MCG function rooms & National Tennis Centre activity spaces
- High-quality catering, trade displays, and full access to electronic materials

Discovery 2026:
Thursday March 5th

Location:
Melbourne Cricket Ground (MCG) & National Tennis Centre (NTC), Melbourne, Australia

Price
Delegates:
\$475 inc. GST

Pre-service educators:
\$150 inc. GST

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DISCOVERY 2026 Australian Health, Physical Education and Sport Conference Program

Registration: 8.00am – 9.00am Welcome & VCAA Update: 9.00am – 9.45am Chris Clark							
SESSION A	A1 7-10 HPE	A2 7-10 HPE	A3 VCE PE U1 & 2	A4 VCE PE U3 & 4	A5 VCE HHD U1 & 2	A6 VCE HHD U1 & 2	A7 VCE HHD U1 & 2
9.50am – 11.05am (75 mins)	VCAA Digital Assessment Support Strategies Nerida Matthews VCAA Zahra Forte VCAA	Learning through movement: What works on the ground Dylan Scanlon Deakin University	VCE Units 1 & 2 PE- a pedagogical playground Rachael Whittle VCAA	VCE PE Units 3 & 4 Exam Review Chris Clark VCAA Monique Sharp Melbourne Girls Grammar Rob Malpeli Peak Phys Ed	Fuelling your teaching & learning program with a balance of hands on creative activities & technology driven activities Catherine Jones Penola Catholic College	Share & collaborate learning journeys to create winning strategies in HHD. Ash Mills St Joseph's College	Interactive tool-box ideas to spice up Units 1-4 VCE-PE Natalie Johns Still Penleigh & Essendon Grammar
Morning Tea 11.05am – 11.45am							
SESSION B	B1 7-10 HPE	B2 7-10 HPE	B3 VCE PE U1 & 2	B4 VCE PE U3 & 4	B5 VCE HHD U1 & 2	B6 VCE HHD U1 & 2	B7 VCE HHD U1 & 2
11.50am – 1.05pm (75 mins)	Assessment in Health and Physical Education in the Victorian curriculum 2.0 Rachael Whittle VCAA Annie Kay Firbank Grammar	'S & R' – How to effectively teach students about sexuality & relationships Dr Claire Charles Deakin University Dr Claire Stonehouse Deakin University	Rebooting HPE with AI: save time, reduce load & improve teaching and learning Michael Ha Toogoolawa School (QLD)	CC'S – (not corn chips) collaborate & create SACs from primary data Rob Malpeli Peak Phys Ed Lissie Doyle Kardinia International College	Beyond the test: engaging minds in Health & Human Development Laura Taylor-Payne Saint Ignatius College Jaymi O'Connor Saint Ignatius College	VCE HHD Units 3 & 4 Exam Review Chris Clark VCAA Catherine Jones Penola Catholic College	Supercharge your PE program: developing a sports science elective Ray Breed Federation University
Lunch 1.10pm – 2.10pm							
SESSION C	C1 7-10 HPE	C2 7-10 HPE	C3 VCE PE U1 & 2	C4 VCE PE U3 & 4	C5 VCE HHD U1 & 2	C6 VCE HHD U1 & 2	C7 7-10HPE
2.15pm – 3.30pm (75 mins)	Level up! engaging students in sports, games and FMS Samantha Downward The Resilience Project Lucy Cody Davis The Resilience Project	Teaching 7-10 health in an interactive way Emily Townsend Donvale Christian College	Contemporary issues – how to get the most out of this investigation Monique Sharp Melbourne Girls Grammar	Linking concepts & principles via extended responses Chris Clark VCAA Rob Malpeli Peak Phys Ed	Interactive teaching & learning ideas for VCE HHD Units 1-4 Catherine Jones Penola Catholic College	Demystifying the extended response in units 3&4 HHD with case studies & data Laura Taylor-Payne Saint Ignatius College Jaymi O'Connor Saint Ignatius College	School-wide strategies to develop social and emotional well-being for female students Megan Dickinson The Live Life Whole Project Kylie Heatherington The Live Life Whole Project

PRAC SESSIONS @ NTC
A8 7-10 HPE Using a game sense approach for invasion sports Ray Breed Federation University
B8 7-10 HPE Developing fitness & fun at the same time Airlie Tudhope PE Made Easy
C8 7-10 HPE Minor & large group games to broaden your PE toolkit Airlie Tudhope PE Made Easy

SESSION A1: VCAA Digital Assessment Support Strategies	7–10 HPE
The Digital Assessment Library (DAL) has assessment tasks that are free for schools to use that are aligned to the Victorian Curriculum for Health and Physical Education. All DAL HPE content incorporates the Victorian Curriculum Version 2.0. Currently there are over 100 assessment tasks available from level 1–2 through to level 9–10. This presentation will provide an overview of DAL assessment tasks as well as discussing how to use data generated from the tasks to inform teaching.	Nerida Matthews VCAA Zahra Forte VCAA
SESSION A2: Learning through movement: What works on the ground	7–10 HPE
This session is designed to challenge the way in which teachers use movement in Physical Education. What influences the ‘who, what, when, why, how much’ of the use of movement? The session incorporates contemporary academic research in Physical Education courses (nationally/internationally) and links this with the ‘on the ground’ experiences in 7–10 Physical Education. Ultimately, teachers can expect to leave with ideas on how movement could be re imagined in Physical Education.	Dylan Scanlon Deakin University
SESSION A3: VCE Units 1 and 2 PE – a pedagogical playground	VCE PE UNITS 1 & 2
VCE Units 1 and 2 provide the perfect landscape to experiment and try new things. Without the requirement of external assessment, we have the opportunity in Units 1 and 2 to try different things, to give things a go and if they don't go to plan, that's ok. This session is designed to give you the confidence to play around with your teaching and learning activities, to have some fun and engage your students and to create non-traditional assessments all within the rules for the delivery of VCE.	Rachael Whittle VCAA
SESSION A4: VCE PE Units 3 & 4 Exam Review	VCE PE UNITS 3 & 4
Gain inside knowledge of student performance in the exam from the chief assessor and curriculum manager. This session will break down the previous year's examination using the examiner's report and discuss areas of strength; content/ knowledge students struggled with and examples of high achieving responses. The session will also provide suggestions for learning activities to support students to develop the skills and knowledge required to successfully tackle the PE exam. Delegates are encouraged to bring a copy of the 2025 exam and examiners report.	Chris Clark VCAA Monique Sharp Melbourne Girls Grammar Rob Malpeli Peak Phys Ed

SESSION A5: Fuelling your teaching & learning program with a balance of hands on creative activities & technology driven activities	VCE HHD UNITS 1 & 2
This session is to extend our lessons beyond the PowerPoint or chalk and talk that we can get stuck in. Explore different activities and resources that can be used to develop learning activities for students and get students to engage in activities that can be used in junior or senior HPE classes. This session will include being involved in the activities and also looking for contributions from the group of ideas they have been using in their classrooms.	Catherine Jones Penola Catholic College
SESSION A6: Share & Collaborate learning journeys to create winning strategies in HHD	VCE HHD UNITS 3 & 4
We will share what we would consider “best practice” as experts in our field. We will analyse what the ‘best of the best’ HHD students do in preparation for and in assessment tasks, discuss what has worked well for us as teachers in helping our students achieve their very best, and discuss how we build capacity for all students to achieve their very best in our HHD classroom. Participants are invited to attend this workshop ready to share some ideas as to what has worked well in your context, as well as to tap into the collective genius in the room as we explore ways to help maximise student outcomes in HHD.	Ash Mills St Joseph’s
SESSION A7: Interactive tool-box ideas to spice up Units 1-4 VCE-PE	VCE PE UNITS 1 & 2
Interactive and engaging tool-box activities that help students apply learning to real-life and to understand concepts in greater depth. Some activities do not require students to ‘get changed’ and others are full-length activities designed to replace or compliment theory lessons.	Natalie Johns Still Penleigh & Essendon Grammar
SESSION A8: Using a game sense approach for invasion sports	7-10 HPE
We often hear our students ask “can we play a game?”. Students usually find games more enjoyable than drills, but is there more to playing games than ‘enjoyment’? Can we also achieve multiple outcomes by using small-sided games? In this practical, we will participate in several games applicable to invasion sports, and explore the pedagogy used to maximise student learning, understanding, appreciation and enjoyment of playing games and sports.	Ray Breed Federation University

SESSION B1: Assessment in Health and Physical Education in the Victorian Curriculum 2.0	7–10 HPE
What changes will you need to make to your program or assessment to align with the new Victorian Curriculum 2.0? In this session we will look at the new Health and Physical Education curriculum and map assessment to the achievement standards in Levels 5 – 10. The session will discuss the different requirements for content delivery of the Personal, Social and Community Health – Health Education strand compared to the Movement and Physical Activity – Physical Education strand and how these impact on assessment and reporting. This preliminary session will help you in your planning for the implementation of the new curriculum from 2026.	Rachael Whittle VCAA Annie Kay Firbank Grammar
SESSION B2: ‘S & R’ – How to effectively teach students about sexuality & relationships	7–10 HPE
Ready to try something new in your Sexuality and Relationships Education (SRE) curriculum? Deakin Uni have been working with EJ Renold (AGENDA) in Wales and have been using arts-based pedagogies in our Initial Teacher SRE unit. We have tailored ours to incorporate First Nation’s pedagogies to engage students in a different but meaningful way. We will present our learnings and engage you in pedagogies that will inspire you to use this work in your own practice!	Dr Claire Charles Deakin University Dr Claire Stonehouse Deakin University
SESSION B3: Rebooting HPE with AI: Save Time, Reduce Load & Improve Teaching and Learning	VCE PE UNITS 1 & 2
Artificial intelligence is already reshaping how we teach, plan and assess in Health and Physical Education. This workshop offers HPE teachers a practical and powerful introduction to using AI tools, including custom GPTs designed specifically for HPE contexts. Learn how to build your own GPT to generate differentiated lesson plans, develop scope and sequences, produce instant student feedback, and automate repetitive tasks such as report comments and risk assessments. We will unpack real examples from Australian classrooms where AI has saved hours each week and improved both teacher clarity and student outcomes. Whether you are just getting started or already experimenting, this session will help you work more efficiently and re imagine what is possible in your HPE program. Please note this session requires a ChatGPT Plus account or above.	Michael Ha Toogoolawa School (QLD)

SESSION B4: CC'S –(not corn chips) Collaborate & Create SACs from primary data	VCE PE UNITS 3 & 4
Finding data has become so much easier with AI and multiple search options. Writing questions is 'easy', but writing questions that link coursework, command words and unpack data is next level and more difficult. This session will investigate how to analyse whether data is 'rich' enough to be used as the basis for questions, as well as how to structure multi-level questions capable of providing a spread of responses – all the way from basic entry level to higher order synthesis and application. Be prepared to 'put-in' as this is not a 'sage on stage' session but more of a 'share the skills' and 'co-operative collaboration' experience. All resources generated during the session will be made available to participants.	Rob Malpeli Peak Phys Ed Lissie Doyle Kardinia International College
SESSION B5: Beyond the Test: Engaging Minds in Health & Human Development	VCE HHD UNITS 1 & 2
Say goodbye to slide fatigue and hello to hands-on, student-centred learning! Join us for a dynamic session packed with practical lesson ideas and engaging assessment strategies designed to target the key knowledge and skills of Unit 1 & 2 Health and Human Development. Get inspired, get creative—and walk away with ready-to-use activities that will spark curiosity, boost engagement, and make your HHD classroom come alive!	Laura Taylor-Payne Saint Ignatius College Jaymi O'Connor Saint Ignatius College
SESSION B6: VCE HHD Units 3 & 4 Exam Review	VCE HHD UNITS 3 & 4
The end of year exam is a significant part of assessment. This session will break down the previous year's examination using the examiner's report and discuss areas of strength; content/knowledge students struggled with and examples of high achieving responses. The session will also provide suggestions for learning activities to support students to develop the skills and knowledge required to successfully tackle the HHD exam. Delegates are encouraged to bring a copy of the 2025 exam and examiners report.	Chris Clark VCAA Catherine Jones Penola Catholic College

SESSION B7: Supercharge your PE program : Developing a Sports Science Elective	7-10 HPE
This session will provide you with ideas for developing a sport science course within your curriculum – this could be part of another unit or a standalone full semester/ year unit. It would ideally be suited to a year 9 or 10 elective unit and could be applied easily to a STEM educational model. We will investigate over 12 topics/potential modules, with a curriculum overview and sequence, then expand on key concepts with lots of activity ideas. We will also investigate practical activities to help apply and demonstrate concepts to increase your confidence in developing this exciting subject area.	Ray Breed Federation University
SESSION B8: Developing Fitness & Fun at the Same Time:	7-10 HPE
Get your students moving with these fun fitness games and activities! In this practical session, we'll share our go-to activities that are easy to set up, engaging and flexible. These games are perfect for warm-ups, fitness circuits or full lessons and can be adapted for different age groups and ability levels. You'll leave with a bank of awesome fitness games that your students will love!	Airlie Tudhope PE Made Easy

SESSION C1: Level up! Engaging students in Sports, Games and FMS	7-10 HPE
This session dives deep into the Movement and Physical Activity strand of the 7-10 Victorian Curriculum 2.0. We'll explore practical units of work, hands-on activities, and effective assessment methods, all while uncovering a range of engaging teaching strategies to ignite students' movement and game sense. You'll refine your planning and assessment skills, transforming curriculum concepts into meaningful and purposeful practice for every student.	Samantha Downward The Resilience Project Lucy Cody Davis The Resilience Project
SESSION C2: Teaching 7-10 Health in an Interactive Way	7-10 HPE
Looking to bring energy and engagement to your 7-10 Health lessons? This session will explore creative, interactive strategies that get students thinking, moving, and meaningfully connecting with key health concepts. Discover ways to scaffold health learning, and implement practical activities, digital tools, and collaborative approaches that make health lessons relevant, fun, and exciting!	Emily Townend Donvale Christian College
SESSION C3: Contemporary Issues – how to get the most out of this investigation	VCE PE UNITS 1 & 2
Common topics of conversation raised around the VCE Physical Education 'drink cooler' are; 'How do I bring Unit 2 to life?' and 'What experiences can I offer to enhance engagement in Unit 2?'. This session aims to answer both questions by provoking thought around the methods in which meaningful practical activities can be used to enhance student understanding. This session will focus on the varied ways in which accessible practical activities can complement AOS 1 and inform the delivery of contemporary issues in AOS 2.	Monique Sharp Melbourne Girls Grammar
SESSION C4: Linking Concepts & Principles via extended responses	7-10 HPE
The new Unit 4 AOS 3 encourages students to purposefully find interrelationships between skill acquisition, bio mechanics, energy production and/or training BUT so many other links exist between other parts of the new Study Design. This session is design to investigate all of these links and how to best incorporate them into a teaching and leaning plan. If you're familiar with 'looking forward/looking back' or 'reverse engineering' planning this session will call upon your experiences to share with the group. Being new for many, this session aims to open up multiple and linked theory and prac pathways that could be utilized throughout the year.	Chris Clark VCAA Rob Malpeli Peak Phys Ed

SESSION C5: Interactive teaching & learning ideas for VCE HHD Units 1–4	VCE HHD UNITS 1 & 2
Are you looking for new ideas to incorporate into your class routine? Are you new to teaching VCE and want to amaze the students with great activities to engage them in their learning? This is the session for you! We are going to look at targeted activities for students in each of the units and how to get students up out of their seats or working in groups or responding to thought-provoking activities to engage them in the learning and improve understanding of Health and Human Development concepts. Feel free to bring your ideas too, the more collaboration the better the session!	Catherine Jones Penola Catholic College
SESSION C6: Demystifying the Extended Response in Units 3 & 4 HHD with Case Studies & Data	VCE HHD UNITS 3 & 4
Let's be real—no one loves extended response questions. But what if your students could walk into the exam knowing exactly how to break them down, use real-world case studies and data like a pro, and structure their answer for maximum marks? In this interactive session, we'll show you how to turn confusing prompts into clear, confident responses. You'll learn how to help your students to link key knowledge to real examples, use data to strengthen their arguments, and craft responses that examiners can't ignore. Bring your highlighters, your questions, and your best "I hate extended responses" face—we're about to change your mind	Laura Taylor-Payne Saint Ignatius College Jaymi O'Connor Saint Ignatius College
SESSION C7: School-wide strategies to develop social and emotional well-being for female students	7–10HPE
This session explores school-wide, practical approaches to support the emotional well-being, self-confidence, and social development of female students in Years 7–10. Drawing on current evidence and our extensive on-the-ground work in schools, we will outline targeted strategies that enhance girls' body image, connections and sense of self, and ability to manage stress, relationships, and change during adolescence. We will share key insights from our programs — which are co-designed with health professionals and delivered in partnership with leading schools — and unpack how schools can embed consistent language, structures, and well-being scaffolding across year levels to create a culture where girls feel empowered, connected, and supported. The session will also provide examples of how schools have successfully integrated our initiatives into their well-being or health programs, with a focus on collaboration across year-level teams and school systems.	Megan Dickinson The Live Life Whole Project Kylie Heatherington The Live Life Whole Project

SESSION C8: Minor & Large group games to broaden your PE toolkit.**7-10 HPE**

Get your students moving and learning with our favourite minor games and large group activities! Perfect for limited space and flexible across year levels, these games are easy to implement and high on engagement. In this practical session, we'll show you how to teach and assess these games meaningfully, linking directly to the Victorian Curriculum 2.0 and Australian Curriculum v9. Walk away with ready-to-use games and assessment ideas that can be used across your curriculum.

Airlie Tudhope
PE Made Easy

Registration form and invoice

PEAK PHYS ED ABN = 28423617946

Please complete the registration form and the elective selection sheet and submit via preferred option.

School/Organisation Details

School/Organisation:	
Email:	
School Mailing address:	
State:	Postcode:
Accounts Payable Manager's Name*:	
Email:	
Total \$:	School Order No:

*Please check if there is a general accounts email (e.g. accounts @schoolname) that is the preferred email address for invoices to be sent

Please note: Registrations will not be processed without a school order number provided. Schools will be invoiced for the conference upon receiving registrations and invoices must be paid within 7 business days. GST included in all registration fees. Pre-service teachers must present a full-time student card upon registration on the day.

Cancellation Policy:

If you are unable to attend this event, a replacement delegate may be sent in your place at no extra charge. We do not provide refunds for cancellations made more than 7 days after your registration is received therefore, the invoiced fee remains payable in full. Should you wish to cancel your registration within the 7-day cooling-off period, an administration fee of \$75 per delegate (GST inclusive) remains payable. Any cancellation must be made in writing and sent by email. Peak Phys Ed will make available conference resources to any delegate who is unable to attend and who has paid in full.

Conference organisers reserve the right to modify the mode of delivery and or cancel specific sessions at any time. In the event of a pivot to online only in lieu of catering provided on the day, delegates will instead have access to all digital recordings of sessions made for this conference. Contact information provided will only be for the use of Peak Phys Ed and will not be shared with any other organisation.

DISCOVERY 2026

Australian Health, Physical Education and Sport Conference

Thursday March 5th 2026

Melbourne Cricket Ground (MCG) & National Tennis Centre (NTC), Melbourne, Victoria

General information

To register additional delegates please attach another form or register online.

Registration Options

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Online registrations can either be paid by credit card or be invoiced by using the code 'INVOICE' at checkout

Online

www.peakphysed.com.au

Scan & Email

admin@peakphysed.com.au

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For Peak Phys Ed events, consultancy, and other services, newsletters and resources check out

www.peakphysed.com.au

Teacher One

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

Pre-service teachers **\$150 includes GST**

Please note:

Photographs and/or digital images of conference participants will be taken for use in newsletters and/or promotional materials. These materials might be used in printed or electronic publications, the internet and other publicly accessible Australian educational websites

Teacher Two

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

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Teacher Three

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

Pre-service teachers **\$150 includes GST**

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Teacher Four

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

Pre-service teachers **\$150 includes GST**

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Teacher Five

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

Pre-service teachers **\$150 includes GST**

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Teacher Six

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Last name:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Select two preferences per sessions		
Session	1st preference	2nd preference
Example	1A	C3
Session 1		
Session 2		
Session 3		

Pre-service teachers **\$150 includes GST**

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