

Register now!

**Thursday
7 March
2024**

PEAK
—PHYS ED— presents

Discovery

Australian Health, Physical Education and Sport Conference
Melbourne Cricket Ground and National Tennis Centre

The Discovery conference entering its 15th Year in 2024 is the ultimate professional learning event in Melbourne focusing on innovative and evidence-based practice for teaching primary and secondary students in Health, Physical Education and Sport. If you are interested in high quality professional learning, with dynamic presenters within a world class facility then this is the conference for you.

In 2024, our program consists of an array of workshops and master classes, all using a 90-minute format. We have an incredible line up of academics, master teachers and industry experts on the program. Although you can only attend three sessions on the day you will be able to access the resources for all sessions run during the conference.

The conference program focuses on the contribution Health, Physical Education and Sport make to student achievement, engagement, and wellbeing, in particular:

- Student-centred and active pedagogies
- Planning and implementing effective teaching and learning
- Student engagement and well-being
- Curriculum planning and assessment

Discovery 2024 gives teachers from primary and secondary schools the opportunity to:

- Choose from 24 high quality 90min sessions
- Across 8 parallel streams per session
- Engage in 3 interactive sessions throughout the day
- Participate in contemporary, inclusive, and practical aspects of health, physical education and sport education.
- Access sessions tailored to the Australian Curriculum and the Victorian Curriculum, or the VCE study designs
- Access over 25 dynamic presenters who will showcase their expertise and knowledge of health education, physical education, physical activity, health and wellbeing and sport education
- Sessions designed and delivered by practicing teachers from all sectors, academics, and a range of key stakeholders
- Participate in sessions within world class function rooms (MCG) and physical activity spaces (National Tennis Centre)
- Access magnificent catering for a face-to-face conference
- Gain access to all electronic materials for conference sessions
- Access to trade displays

A Guide to our session types:

Master class:

A specialist session led by an expert/s that is designed to share knowledge and demonstrate its application that may be formally or informally structured.

Workshop (Practical sessions also included in this category)

A smaller active session at which a group of people engage in intensive discussion and activity on a particular subject (e.g., redesigning your assessment or practical session).

DISCOVERY 2024 Australian Health, Physical Education and Sport Conference Program

Registration 7:30 – 8:45am

Conference welcome & information 9:00 – 9:10am – Held in each location of your first session

Session A 9:10 – 10:40am (90 mins)	A1 What are the REALLY contemporary issues associated with physical activity and sport? Teaching the revised VCE PE Unit 2 Area of Study 2	A2 Taking the pulse: A formative journey for VCE PE Units 3&4	A3 Tapping into collective genius and discovering some gold for VCE HDD Units 3&4	A4 The best of... for VCE HDD Units 1&2	A5 Showcasing the VCAA Digital Assessment Library	A6 (Prac) Wet weather activities with limited space and equipment	A7 (Prac – NTC) Spice up PE! Spikeball and Speedminton	A8 (Prac – NTC) The Phases of AFL/W – Making Sense of our great game
	Chris Clark & Monique Sharp	Rob Malpeli	Ash Mills	Laura Taylor-Payne	Nerida Matthews & Zahara Forte	Lara & Adrian Parisi	Geoff Bannister & James Docking	Christine Polatajko

Morning Tea 10:40 – 11:20am (40 mins)

Session B 11:30am – 1:00pm (90 mins)	B1 VCE PE Units 1& 2 – Develop your rubric and the rest will follow!	B2 Primary data for assessment VCE PE Units 3&4	B3 VCE HDD Units 3&4 Exam Review	B4 Questioning techniques to build engagement and understanding	B5 Get your Year 7-10 HPE curriculum sorted	B6 Engaging parents in Sexuality and Relationships Education (SRE)	B7 (Prac – NTC) Pickleball – Join the Revolution!	B8 (Prac – NTC) Minor games
	Dr Rachael Whittle	Claire Breed	Kym Willett	Gault McCluggage	Airle Tudhope & Heath Hay	Dr Claire Stonehouse	Dr Alison Lugg	Lara & Adrian Parisi

Lunch 1:00 – 2:00pm (60 mins)

Session C 2:10 – 3:40pm (90 mins)	C1 New to teaching VCE PE Units 3&4	C2 VCE PE Units 3&4 Exam Review	C3 Maximising engagement in VCE HDD Units 1-4	C4 Elevating student success through mindset education	C5 HPE Year 7-10 Assessment	C6 Embedding health and wellbeing for females in primary and secondary schools	C7 (Prac – NTC) Fun and easy warmups you will use over and over	C8 (Prac – NTC) Hockey – more than just a stick and ball!
	Claire Breed	Chris Clark & Rob Malpeli	Emily Townend	Lauren Munday	Dr Rachael Whittle	Megan Dickinson & Kylie Heatherington	Airle Tudhope & Heath Hay	Rochelle Slade & Amy Welsh



Session A (9:10 – 10:40am)

Descriptions 2024

Session A1:

What are the REALLY contemporary issues associated with physical activity and sport? Teaching the revised VCE PE Unit 2 Area of Study 2

The contemporary issues might have changed, but the approach to teaching VCE Unit 2 Area of Study 2 is still underpinned by participation in physical activity enables learning in and through the issue. This session will share an approach to developing a teaching and learning program for the revised VCE PE Unit 2 Area of Study 2 which ultimately empowers students to understand a range of contemporary issues to analyse existing strategies and propose fresh strategies to enhance access, inclusion, participation and performance.

Session A2:

Taking the pulse: A formative journey for VCE PE Units 3&4

SACs are the main school-based determinant of student performance, but so much formative assessment and assistance can happen whilst key knowledge is being unpacked in both the classroom and practical settings. This session will explore multiple strategies and tasks, the different ways they can be used and how student results can improve with targeted feedback. Teachers will expand their toolkit and immediately be able to implement many strategies with their students.

Session A3:

Tapping into collective genius and discovering some gold for VCE HHD Units 3&4

In this workshop, we will discuss what “Health and Human Development Unit 3 and 4 Heroes” do to achieve their best in these units and share what we would consider “best practice” as experts in our field. We will analyse what the ‘best of the best’ HHD students do in preparation for and in assessment tasks, discuss what has worked well for us as teachers in helping our students achieve their very best, and discuss how we build capacity for all students to achieve their very best in our HHD classroom. Participants are invited to attend this workshop ready to share some ideas as to what has worked well in your context, as well as to tap into the collective genius in the room as we explore ways to help maximise student outcomes in HHD and, the end of year exam.

Session A4:

The best of...for VCE HHD Units 1&2

This session will enable teachers to engage in a range of interactive and creative activities designed to enhance student engagement and learning. Laura will present her ‘best of’ learning activities within VCE Health and Human Development Units 1&2.

Chris Clark & Monique Sharp

Victorian Curriculum and Assessment Authority & Melbourne Girls Grammar School

VCE PE Unit 2

Master class

Rob Malpeli

Peak Phys Ed

VCE PE Units 3&4

Master class

Ash Mills

Iona College Geelong

VCE HHD Units 3&4

Workshop

Laura Taylor-Payne

Saint Ignatius College Geelong

VCE HHD Units 1&2

Workshop

Session A (9:10 – 10:40am)

Descriptions 2024

Session A5: **Showcasing the VCAA Digital Assessment Library**

The Digital Assessment Library (DAL) has assessment tasks that are free for schools to use that are aligned to the Victorian Curriculum for Health and Physical Education. The tasks cover all content descriptors of the Personal, Social and Community Health Strand as well as the Understanding Movement sub-strand. Currently there are over 80 assessment tasks available from level 1-2 through to level 9-10. The presentation will provide an overview of the DAL assessment tasks as well as discussing using data generated from the tasks to inform teaching.

Session A6: **Wet weather activities with limited space and equipment**

With unpredictable weather as PE teachers, we have to be flexible and able to change our plans at a moment's notice. Often with multiple classes timetabled on concurrently and limited indoor activity spaces we have to be able to teach in an area with limited space and use minimal equipment. This session will showcase an array of ideas, activities and games that we utilise in our schools on those rainy days where space/options can be limited. These activities are designed to foster social and emotional learning, be applied across multiple levels and can be modified to suit your school facilities big or small.

Session A7: **Spice up PE! Spikeball and Speedminton**

This split session explores two left-field formats maximising engagement, movement and fun with fresh games your students will love. Experience our fun Spikeball workshop that's strategically designed to build confidence, improve social connectedness and of course get everyone moving all the time! Speedminton has re-defined racquet sport learning with innovative equipment, set-ups and variations that match all age and skill levels. Be ready for fast action fun!

Session A8: **The phases of AFL/W – Making sense of our great game**

During this interactive session, we'll unpack the 3 phases of play attack, defence & contest and make connections to the other sports as well. The participants will have an opportunity to take away ideas (for feedback) and many drills to incorporate into their primary/secondary classes. Throughout the session will develop learning intentions and success criteria for key teaching points connecting to the phases.

Nerida Matthews & Zahara Forte

Victorian Curriculum and Assessment Authority

HPE Primary & Secondary Assessment

Master class

Lara & Adrian Parisi

The Blueprint Initiative

Primary – Middle Years PE

Workshop (practical session)

Geoff Bannister & James Docking

Speedminton Australia & Spikeball Australia

PE 5-10

Workshop (practical session – NTC)

Christina Polatajko

Diamond Valley College

PE 5-10

Workshop (practical session – NTC)



Session B (11.30am–1:00pm)

Descriptions 2024

Session B1: VCE PE Units 1&2 – Develop your rubric and the rest will follow!

Assessment in VCE is based on a student's demonstration of an Outcome, so once you have developed a robust assessment rubric then year on year this can be used to assess the task, regardless of the assessment task used. This session will help build your capacity to firstly understand the assessment requirements from a VCAA perspective and to then look to develop rubrics that are not determined by the task type used. Come prepared to think, work collaboratively and to walk away with a draft of a rubric that you will be able to use in your teaching of Units 1 and 2 VCE PE.

Session B2: Primary data for assessment VCE PE Units 3&4

This session will focus on collecting primary data for assessments, including primary data in SACs and planning out SACs prior to collecting data to maximise practical sessions.

Session B3: VCE HHD Units 3&4 Exam Review

In this workshop the 2023 Health and Human Development exam will be reviewed, including areas of student strengths and weaknesses, common errors, and a discussion of solutions. Please bring a copy of the 2023 HHD exam and examiners report.

Session B4: Questioning techniques to build engagement and understanding

This session dives into practical strategies to increase students opportunities to respond. Building engagement and learning with effective pedagogical practices surrounding questioning techniques and shifting the focus from what has been taught to what have students learnt.

Techniques to unpack would be:

- Using cold call effectively
- Rejecting self-report in questioning
- Planning for and excavating errors
- Using hinge questions to be adaptive in your teaching
- Other techniques such as targeted questioning, rapid fire questions, show me boards, etc

Session B5: Get your Year 7–10 HPE Curriculum sorted

Walk away with a variety of tools and templates you can use to effectively review, map and document your HPE curriculum. We'll take you through the steps to make this feel easy! We'll also provide examples of how we have done it in our schools, and tips/ideas for awesome units and assessments you can add to your curriculum.

Dr Rachael Whittle

Victorian Curriculum & Assessment Authority

VCE PE Units 1&2

Master class

Claire Breed

Sacred Heart College Geelong

VCE PE Units 3&4

Master class

Kym Willett

Mentone Grammar School

VCE HHD Units 3&4

Master class

Gault McCluggage

Warrnambool College

Secondary HPE

Master class

Airlie Tudhope & Heath Hay

PE Made Easy

HPE 7–10

Master class



Session B (11.30am-1:00pm)

Descriptions 2024

Session B6: Engaging parents in Sexuality and Relationships Education (SRE)

Consistently partnerships with parents/carers can be challenging, especially around SRE. We can get the Whole School Approach elements, Curriculum and pedagogy and School organisation, ethos and environment right, however reaching parents/carers is more difficult and deemed the 'missing link' in SRE. This session will step you through a proposed parent education strategy that is more than just information giving. Using an Ethics of Care approach to build capacity in your parents/carers to motivate them to work with you across the school years to nurture their children/your students. We will discuss: barriers and enablers to parents accessing parent education sessions; real life stories from parents who participated in research that led to a proposed Ethical Parenting Practice in Sexuality Education' (EPPSE) framework; how to implement an ethical approach and the elements of a parent education program that has lasting positive effects.

Session B7: Pickleball – Join the revolution!

Come and experience for yourself why Pickleball is the fastest growing sport in the United States of America. Alison is a highly experienced teacher educator and pickleball player who will take you through a range of practical activities, ideas, lead up games, modifications, rules and curriculum alignment for implementing pickleball within your year 5-10 physical education or sport education program, lunchtime programs or other tournament co-curricular events with students and staff.

Session B8: Minor Games

This practical session will run you through a stack of wonderful new minor games and a modern spin on some golden oldies to add to your personal teaching tool kit instantly. You will walk away with a variety of fun, engaging and inclusive games and activities that can be adapted to suit different year levels and activity spaces. This session will cover games and activities that are tailored to increase engagement, foster teamwork and enhance communication.

Dr Claire Stonehouse

Consultant

Primary – Secondary Parent Education

Workshop

Dr Alison Lugg

Consultant

PE 5-10

Workshop (practical session – NTC)

Lara & Adrian Parisi

The Blueprint Initiative

Primary – Middle Years PE

Workshop (practical session – NTC)



Session C (2.10–3.40pm)

Descriptions 2024

Session C1: New to teaching VCE PE Units 3&4

This session will be an overview 'heads up' for those either new to or seeking consolidation with teaching the current VCE PE Units 3&4 study design. Ideas for practical, formative and SAC tasks will be shared along with tried and trusted teaching tips and resources. This session will provide you with practical and strategic resources, timelines and assessment ideas for VCE PE Units 3&4. You will be provided with key take away ideas ready to implement into your setting/program.

Session C2: VCE PE Units 3&4 Exam Review

Chris Clark (VCAA Curriculum Manager HPE) and Rob Malpeli will dissect the 2023 PE Exam and look at student performances across all areas of the exam. Key improvement areas will be discussed as well as possible strategies and practical inclusions to improve future teaching and learning outcomes.

Session C3: Maximising engagement in VCE HHD Units 1-4

This session aims to provide VCE Health and Human Development (HHD) teachers with a variety of interactive and engaging activities to stimulate increased student engagement and collaborative learning in HHD. The session will provide suggestions for teachers in how to create classroom environments that foster meaningful discussion and debate on HHD topics such as global health, social justice (Units 3-4) and the value for human life (Units 1-2), and ways to effectively deliver content and incorporate student-centred learning to increase student agency and voice in VCE HHD. If you are seeking ways to improve your VCE HHD Program, then this session is for you!

Session C4: Elevating student success through mindset education

An adaptive mindset serves as the bedrock of our students' ability to learn, embrace change, and persevere in the face of challenges. The question is, how and when should we impart this vital life skill? Think Set Go offers an effective framework to aid educators in emphasizing the significance of an adaptive mindset in their students. This informative Master class will explore strategies for educating students on cultivating productive thought patterns, mastering effective planning techniques, and building the self-assurance to execute their plans when the occasion arises. Our discussions will encompass the pivotal role of stress management, practical approaches to emotional regulation, engaging activities that underscore effective thinking and behaviour, and a comprehensive overview of how Think Set Go integrates into the HPE classroom.

Claire Breed

Sacred Heart College Geelong

VCE PE Units 3&4

Master class

**Rob Malpeli &
Chris Clark**

Peak Phys Ed & Victorian Curriculum
and Assessment Authority

VCE PE Units 3&4

Master class

Emily Townend

Donvale Christian College

VCE HHD Units 1-4

Workshop

Lauren Munday

THINK SET GO

HPE 7-10

Master class



Session C (2.10–3.40pm)

Descriptions 2024

Session C5: **HPE Year 7–10 Assessment**

This session will look at the why, what, how and when of assessment in 7–10 Health and Physical Education. We will unpack the content descriptions and align these to the achievement standards to establish student outcomes, assessment options and look at the tools and resources available to support teachers. There will be opportunity to ask questions and to bust some myths to give you the confidence to utilise a range of assessment practices in your teaching of health and physical education in years 7–10.

Session C6: **Embedding health and wellbeing for females in primary and secondary schools**

Evidence is showing that mental health in young people is reported to be at an all time low. Join us to investigate why wellbeing and preventive health education is important in the classroom to support the physical, mental & emotional wellbeing of young females. An exploration of practical strategies for implementation for females in Years 3–10 with a focus on the menstrual cycle.

Session C7: **Fun and easy warm ups you will use over and over**

Join in a variety of warm ups that are easy to setup, fun and flexible. We will share our favourite structures, games and activities that are perfect to get your students moving and loving physical education. They require minimal equipment and can be easily modified to suit your students and the units you are teaching. Join us and you'll have a list of warm ups you can use over and over again.

Session C8: **Hockey - more than just a stick and a ball!**

One of the biggest reasons teachers shy away from teaching hockey is ensuring safety, whilst having fun and learning a new invasion game. This practical session will guide primary teachers through the fundamental movement skills of hockey. They will learn a range of engaging activities to maximise student participation and broaden their sporting knowledge. If you're looking to freshen up your invasion game unit, or simply build your own repertoire, then this clinic is for you!

Dr Rachael Whittle

Victorian Curriculum and Assessment Authority

HPE 7–10

Master class

Megan Dickinson & Kylie Heatherington

The Live Life Whole Project

Primary – Secondary HPE

Master class

Airlie Tudhope & Heath Hay

PE Made Easy

PE 5–10

Workshop (practical session – NTC)

Rochelle Slade & Amy Welsh

Hockey Victoria

Primary PE

Workshop (practical session – NTC)

REGISTRATION FORM / INVOICE

ABN: 28423617946

Please complete the **registration form and the elective selection sheet** and submit via preferred option.

Cheque payable to Peak Phys Ed can accompany mailed registrations

School/Organisation Details

School/Organisation:	
School/Organisation Email:	
School Mailing address:	
State:	Postcode:
Accounts Payable Manager's Name*:	
Accounts Payable Manager's email:	
Total \$:	School Order No:
*Please check if there is a general accounts email (e.g., accounts@schoolname.....) that is the preferred email address for invoices to be sent	

Please note: **Registrations will not be processed without a school order number provided.** Schools will be invoiced for the conference upon receiving registrations and invoices must be paid within 7 business days. GST included in all registration fees. Pre-service teachers must present a full-time student card upon registration on the day.

Cancellation Policy

If you are unable to attend this event, a replacement delegate may be sent in your place at no extra charge. We do not provide refunds for cancellations made more than 7 days after your registration is received therefore, the invoiced fee remains payable in full. Should you wish to cancel your registration within the 7-day cooling off period, an administration fee of \$75 per delegate (GST inclusive) remains payable. Any cancellation must be made in writing and sent by email. Peak Phys Ed will make available conference resources to any delegate who is unable to attend and who has paid in full.

Conference organisers reserve the right to modify the mode of delivery and or cancel specific sessions at any time. In the event of a pivot to online only in lieu of catering provided on the day, delegates will instead have access to all digital recordings of sessions made for this conference. Contact information provided will only be for the use of Peak Phys Ed and will not be shared with any other organisation.

DISCOVERY 2024

Australian Health,
Physical Education and
Sport Conference

Thursday 7 March 2024

Melbourne Cricket Ground
(MCG) & National Tennis Centre
(NTC), Melbourne, Victoria

General information

To register additional delegates please attach another form or register online.

Registration Options

Try booking

<https://www.trybooking.com/events/landing/1155591>

Online registrations can either be paid by credit card or be invoiced by using the code 'INVOICE' at checkout

Online

www.peakphysed.com.au

Scan & Email

admin@peakphysed.com.au

Mail

PO Box 4033
Balwyn East VIC, 3103

More Info

For Peak Phys Ed events, consultancy, and other services, newsletters and resources check out

www.peakphysed.com.au

SELECT REGISTRATION OPTION:

Teacher One

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

Photographs and/or digital images of conference participants will be taken for use in newsletters and/or promotional materials. These materials might be used in printed or electronic publications, the internet and other publicly accessible Australian educational websites.

Teacher Two

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

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SELECT REGISTRATION OPTION:

Teacher Three

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

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Teacher Four

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

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SELECT REGISTRATION OPTION:

Teacher Five

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

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Teacher Six

Please ensure you have approval from your school and an order number before registering and have read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate

Delegate	\$445 inc.GST	<input checked="" type="checkbox"/>	Pre-service teachers	\$150 inc.GST	<input checked="" type="checkbox"/>
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Select two preferences per sessions		
Session	1 st Pref.	2 nd Pref.
Example	1A	C3
Session 1		
Session 2		
Session 3		

Please note:

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