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## AUGUST UPDATE, 2014

### VCE Physical Education teacher focus groups

The Victorian Curriculum and Assessment Authority (VCAA) is currently monitoring the VCE Physical Education study design, and will be conducting some focus group sessions to discuss the study in detail with teachers.

Teachers of VCE Physical Education are invited to indicate an expression of interest to participate in these sessions by emailing Nerida Matthews, Curriculum Manager, Health and Physical Education: [matthews.nerida.a@edumail.vic.gov.au](mailto:matthews.nerida.a@edumail.vic.gov.au) by **Wednesday 6 August**, stating which session they would like to attend. Successful applicants will be notified by Friday 8 August 2014.

Two focus groups have already been held and discussions have proven to be very informative and useful. It's not good complaining about our great course once areas have been locked in – this is your REAL chance to make a difference to what and how we teach VCE Physical Education.

Date	Time	Location
Tuesday 19 August	4.00pm–5.30pm	Collaborate (Webconference)
Thursday 21 August	4.00pm–5.30pm	Bendigo Senior Secondary College, Bendigo
Monday 25 August	4.30pm–6.00pm	Australian Council for Health Physical Education and Recreation office, Abbotsford

### VCE PE, HHD & OES TEACHER EXAM PREPARATION

PEAK PHYS ED is proud to present VCE PE, HHD & OES Teacher Exam Preparation seminars on the one night at same venue. Participants will be guided through a range of exam analysis and preparation strategies so they are increasingly able to fine tune their students heading into the end of year physical education exam.

NB – 2.00 pm – 6 pm

#### Teacher Exam Prep for PE

All 3 studies are getting great registrations and the collaborative nature of our presentations will ensure teachers leave with a “toolkit” full of new and useful exam prep strategies!

### VCE PRACTICE EXAMS

We are already receiving plenty of orders for end-of-year practice exams. These are being sat by high performing past students in these study areas. This is our final “check and balance” and practice exams will be available by the end of this month.

Simply click below to organise your practice exams – these should be delivered by the end of Unit 4 teaching.

Practice Exams for: [HHD](#) or [PE](#) or [OES](#)

# 'Discovery' Australian Physical, Health, Sport & Outdoor Education Conference at the MCG & National Tennis Centre

Peak Phys Ed is so proud to present our 6<sup>th</sup> annual conference. The Australian Physical, Health, Sport and Outdoor Education Conference known as 'Discovery' is set for **Friday 27<sup>th</sup> February in 2015** at the magnificent Melbourne Cricket Ground (MCG) and the National Tennis Centre.

Why does this conference just get bigger and better every year, come and see for yourself.

**With well over 6 months to go our 'Discovery' Australian Physical, Health, Sport & Outdoor Education Conference Program 2015 is 100% finalised.**

A complete program of all sessions and presenters will be released shortly allowing you plenty of time to register and plan your attendance. If you are a discerning and busy educator who just wants to attend a one day PD with over 60 high quality sessions this PD is for you. In only its 6<sup>th</sup> year we are expecting over 600 educators to attend this dynamic conference at the MCG and National Tennis Centre.

## 10 Reasons why 'Discovery' is the fastest growing and highest quality Physical, Health, Sport & Outdoor Education Conference in Australia

1. Contemporary and relevant sessions with **15 parallel streams** to choose from of just high quality interactive sessions theoretical and/or practical in nature.
2. This conference is about high quality sessions rather than quantity. Presenters are screened for **quality**, invited or recommended by teachers and remunerated for their presentations to ensure quality control. We are not interested in profit, just quality!
3. Over **90% of presentation content is brand new in 2015**- presenters are asked to provide something unique and completely fresh for this conference. There are several presenters that you will only have the opportunity to see present at the Discovery conference.
4. We have a mixture of over 50 different presenters from **young guns to master teachers** from government and non-government schools, from primary, secondary and tertiary sectors as well as highly respected government and commercial organisations.
5. We cater for F-12 Physical, Health, Sport and Outdoor Education content, curriculum, pedagogy and resources. **All delegates gain electronic access to all resources provided for every presentation via our Peak Phys Ed website.**
6. Short sharp format- so you only need to give up one day during your busy schedule. You will have access to **four** sessions throughout the day in addition to the latest from the VicHealth CEO Jerril Rechter and School Sport Victoria (DEECD) CEO Jude Maguire.
7. **Awesome venue** at the MCG and National Tennis Centre with technical and conference staff on hand in all sessions and **free entry** to the National Sports Museum, Olympic Museum, Australian Gallery of Sport, and Game on interactive Gallery on the day.
8. Guaranteed to have a **magnificent array of food and drinks**
9. Conference **organisers listen to feedback** to continually improve the conference year after year (2015 will be our 6<sup>th</sup> annual conference)
10. Dozens of **trade displays** and thousands of dollars in giveaway prizes to be won in the prize draw.

## Discovery Conference 2014 Testimonials:

*"This conference is the highlight of our PD calendar for our entire HPE department each year, we love the fact there is completely new ideas and sessions each year, will be back in 2015 for sure" (Helen)*

*"This conference just gets bigger and better every year, it is by far the best HPE conference I have ever been to in my 21 years of teaching. The only problem is that there is so many great sessions it is hard to choose" (John)*

*"Discovery is the most well organised conference we have ever attended, the presenters, catering, resources and facilities are superb, well done Peak Phys Ed!" (Geoff)*

*"Our staff fight over who gets to go each year so we have budgeted for more CRTs for next year so all 10 of us can go, we even moved our swimming carnival so we could go this year" (Jo)*

*"Well worth the trip from QLD, what an amazing Health & PE conference for teachers, love all the goodies and resources we will be back with our friends and colleagues" (Adam)*

## Discovery 2015 Keynote presentations

Peak Phys Ed are proud to present our keynote speakers for our 6<sup>th</sup> annual national conference:

### Jude Maguire - Chief Executive Officer School Sport Victoria, Department of Education & Early Childhood Development.



**'The Power Of One'-How working together to achieve a common goal has significantly improved the delivery of school sport positively influenced educational outcomes.**

Jude has an extensive history in leading within the education and sport sectors in Australia. Jude has a long history in sport as an athlete and administrator at local, state and national levels. Jude began her career in education as a Physical Education teacher and moved rapidly through the ranks in the ACT Department of Education to take a number of leadership roles including four years as Principal of a large high school. Alongside this Jude has had key leadership roles with School Sport Australia and School Sport ACT. Jude has particular expertise and experience in strategic change management. Having had the opportunity to be involved in sport herself, along with passing this opportunity along to her 3 daughters, Jude is a strong advocate for the value of inclusive quality sporting opportunities for all Australians. Jude held the position of General Manager of Targeted Sport Programs in the Community Sport Division at the Australian Sports Commission, prior to taking up her role of CEO School Sport Victoria.

### Jerril Rechter - Chief Executive Officer VicHealth.



**'Enhancing mental health & wellbeing in schools'- As part of its new mental wellbeing action agenda, VicHealth has a major focus on building positive approaches to resilience for young people.**

Jerril has extensive experience in leadership across the areas of government and not-for-profit sectors. Jerril is a World Health Organization Advisor, a board member of the International Network of Health Promotion Foundations, a member of Victoria's Justice Health Ministerial Advisory Council and a member of the Liquor Control Advisory Council. She regularly presents at state, national and international conferences and events to share her experiences in health promotion, leadership, and the potential of innovations to improve health and wellbeing for everyone. She has served on various state and national boards and committees, including VicHealth's, as Board Member from 2004 to 2010. Her Ministerial appointments have included the Victorian Eating Disorders Taskforce, Australia Day Committee Victoria, Australia Council for the Arts Deputy Chair Dance Board, Arts Tasmania Board, Brand Tasmania Board and the Community Leaders Group Tasmania. Jerril is a recipient of a Centenary Medal, Tasmania Day Award, and Fellowships from the Winston Churchill Memorial Trust, Australia Council, Harvard Club of Australia, the Australian Davos Forum-Future Summit, and Williamson Community Leadership Program (Leadership Victoria).

## STUDENT SUPPORT & AWARDS

Throughout the year students will stand out. They might be:

- doing it tough but working well despite this
- amazing community contributors
- promoting phys ed & sport amongst peers
- brilliant role models
- "just hanging in there" in need of a boost

Simply go the Peak Phys Ed site and nominate for either 'student support' or 'student awards'.

[Click here for details](#)

Peak Phys Ed is now sponsoring five students who have been nominated by their teachers and are worthy recipients of Peak Phys Ed's assistance.



### Exam Revision for Students

These sessions have had an amazing response and are only a couple of weeks away. Please bring them to the attention of your classes as sessions occur throughout the State.

Sessions your students might like to consider:

#### [PE exam revision sessions](#)

#### [PE Super Sunday session](#)

Both sessions will be led by with 3 leading authors, a previous examiner and current exam markers.



Special thanks to [Rachel Crellin](#) | Senior Project Officer | Digital Learning Branch (Department of Education & Early Childhood Development) for the following great digital learning news:

#### [Commonwealth Games resources](#)

The Commonwealth Games are here. Get your students into the spirit of the Glasgow Games with this collection of sports resources. Learn about the different sports, the athletes that compete, and the nations and territories they represent.

Some awesome sessions presented by DLTV



[Online sessions](#) –  
Tuesday's 4:00 – 6:00

- 21 Aug: Accelerating Innovation in your school
- 26 Aug: Teaching with a technology toolbox
- 21 Oct: Should your students catch a code?
- 17 Aug: [VCE IT and VCE VET Exam Preparation](#)

- 1 Sep & 14 Oct : [Enhancing video production to help flip the classroom](#)



Edublogs 2014 Teacher Challenge (started 14 August)

- Two professional development series: one to help guide you in your personal blog, and the other to help guide you through blogging with students.
- Edublogs will send two or three short activities each week for four weeks that will walk you through everything you need to know.
- On competition, receive a badge to display on your Global2 blog.
- [Find out more and register](#) (free)



[Scootle LIVE Webinars](#) -  
Wednesday's at 4:00pm

- 27 Aug: National Literacy and Numeracy Week, tools and resources
- 10 Sept: Implementing the Australian Curriculum: Digital Technologies
- 24 Sept: Looking to the future, Horizon report discussion

Collection of WADA short youtube movies - great for discussion starters :

<https://www.youtube.com/user/wadamovies>

Gold medal sports psychology : <http://www.apa.org/monitor/2012/07-08/sports.aspx>

Recovery and rehydration – great clip and discussion starters : <http://www.endura.com.au/>

Skill Acquisition and Sports Tactics : <http://blog.8opercentmental.com/2008/06/teaching-tactics-and-techniques-in.html#.UCfxqMc18E>

Jamaican sprinters Asafa Powell and Sherone Simpson's sanctions for doping are reduced from 18 to 6 months : <http://www.bbc.co.uk/sport/athletics/28303077>

Basic Biomechanics :

[http://www.ausport.gov.au/participating/coaches/videos/intermediate/basic\\_biomechanics](http://www.ausport.gov.au/participating/coaches/videos/intermediate/basic_biomechanics)

Altitude Training : <http://cyclingtips.com.au/2013/03/explaining-the-science-of-altitude-training/>

The SocioEcological Model : (thanks Andrea Zappulla)

<http://www.bodyandsoul.com.au/sex+relationships/wellbeing/galleries/the+healthy+workplaces+every+company+should+copy,31849>

Read something interesting and useful lately – why not share it with the network? Please send in your shared readings, resources, etc.. for everyone to benefit : [rob@peakphysed.com.au](mailto:rob@peakphysed.com.au)

### PE Exam Revision Venues, Dates and Times

Monday Sept 1st	5.30 - 8.30pm	MacKillop College (Werribee)
Tuesday Sept 2 <sup>nd</sup>	5.30 - 8.30pm	Parade College (Bundoora)
Wednesday Sept 3 <sup>rd</sup>	5.30 - 8.30pm	Kardinia Int. College (Geelong)
Monday Sept 8 <sup>th</sup>	6 - 9pm	Melbourne Grammar
Wednesday Sept 10 <sup>th</sup>	5.30 - 8.30pm	Monash University (Frankston)
Monday Sept 15 <sup>th</sup>	6 – 9pm	Catholic College (Bendigo)
Tuesday Sept 16 <sup>th</sup>	5 – 8 pm	Melbourne Uni (Shepparton)
Wednesday Sep 17 <sup>th</sup>	5 – 8 pm	Wangaratta High School
Thursday Sept 18 <sup>th</sup>	5.30 - 8.30pm	Xavier College
Thursday Sept 25 <sup>th</sup>	10am - 1.00pm	Haileybury College (Keysborough)
Wednesday Oct 1 <sup>st</sup>	1.00 - 4.00pm	Deakin University (Warrnambool)
Monday Oct 6 <sup>th</sup>	5.30 - 8.30pm	St Paul's AAGS (Gippsland)
Wednesday Oct 8 <sup>th</sup>	5.30 - 8.30pm	Doncaster Secondary College
Monday Oct 13 <sup>th</sup>	6 - 9 pm	Federation University (Ballarat)
Tuesday Oct 14 <sup>th</sup>	5.30 – 8.30pm	The Knox School (Wantirna)
Wednesday Oct 15 <sup>th</sup>	5.30 - 8.30pm	Brighton Grammar

